



Trauma-informed Practice Network

8th February 2023

Changing Futures

A government funded programme to:

- Improve how local services & systems work for adults who face multiple disadvantage
- Generate learning, test new partnership approaches
- Deliver impacts at individual, service & system levels
- Influence government policy & local commissioning
- Deliver sustainable system change
- Bristol is one of 15 areas selected to receive funding; programme runs to March 2024
- £3.3 Million programme



Changing Futures in Bristol

THE ISSUE

Agencies are person-centred but the system is not. People facing multiple disadvantage are not being supported adequately and can get stuck in a revolving door.

IN BRISTOL

Changing Futures is a resource for the city. We work as a multi-agency partnership to create sustainable change at individual, service and system levels.

OUTCOMES

1. Embed My Team Around Me
2. Collective safety planning and considered risk-taking
3. Integrated commissioning processes and earlier intervention
4. Lasting cultural and system change



WHO ARE WE WORKING WITH?

60 people, 20 in each of the following cohorts:

- Young people from Black and minoritised ethnic communities
- Women experiencing domestic abuse
- People experiencing long term homelessness

3 LENSES

We look at all our work through 3 different lenses:

- Lived experience of multiple disadvantage
- Trauma-informed practice
- Equality, diversity and inclusion

The MTAM approach

Longer term involvement: professionals working across sectors with a commitment to relational and service continuity

Shared accountability, safety and care planning: regular communication and contact to share safety, support and learning

Client-led and strengths-based: building trusting relationships and working on strengths

Innovative and flexible ways of working: enabling system change by working in different ways that inform strategy and commissioning



Trauma-informed work

- Cross-sector reflective practice(RP) and system-wide development of RP resource sharing
- Supporting implementation of Knowledge & Skills Framework
- Production of TI resources and materials
- Supporting wider TI work in the system
- My Team Around Me





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Useful links can be found on the Changing Futures Learning Collective:

[Learning Hub — Changing Futures Bristol](#)