Professionals, Agencies, and Organisations who belong to the BSCB will commit to:

- Take the time to understand my life.
- Look out for signs I am being hurt and get me the right support quickly.
- Keep trying to get a hold of me even when I don’t turn up or say no at first.
- Keep me busy with safe things to do.
- Understand that the way I behave is because of what is happening to me, has happened to me in the past or is because of what I see around me.
- Help my parents understand that being sexually exploited is not my fault.
- Look into it whatever I say/ tell you even if I can’t tell you everything. Know that sometimes I will show you in different ways not just speaking.
- Help me manage difficult feelings.
- Explain why a decision has been made about me.
- Help to get people hurting me locked up.
- Treat me with respect and understand why I might struggle to trust adults.
- Be realistic about what I can do in the situation I’m in to “keep safe”.
- Keep on my level, start conversations, be interested in me.
- Don’t tell me off for my abuse.