

## **Training offer – Bristol Zero Tolerance and SARSAS**

SARSAS training:

[www.sarsas.org.uk](http://www.sarsas.org.uk)



Somerset & Avon  
rape & sexual abuse support

### **Consent**

**Duration:** 2 hours

**Capacity:** Up to 18 people

**Cost:** £200

**Content:** This training explores consent including: legal definitions, case studies, and sexual violence statistics. It also introduces Bystander Intervention looking at how people are able to identify and safely disrupt abusive situations. This session can be delivered as a workshop or presentation.

### **Sexual Harassment in the Work Place: Identification, Prevention, and Support**

**Duration:** 2 hours

**Capacity:** Up to 18 people

**Cost:** £200

**Content:** The workshop will cover definitions of work based sexual harassment, safe intervention methods, and information about best practice for sexual harassment prevention. The session is delivered in a presentation and discussion format and can be delivered in-house and as part of a team meeting. Weekend and evening training slots also are available.

### **Responding to Disclosures**

**Duration:** 1 day

**Capacity:** Up to 18 people

**Cost:** £500

**Content:** This course is for people working in an environment that involves disclosures of sexual violence/sexual abuse. It covers barriers to disclosure; current sexual violence legislation; discussions about safeguarding; information about trauma, flashbacks, and grounding techniques; and the support needs of survivors of rape and sexual violence.

Bristol Zero Tolerance training:

[www.bristolzerotolerance.com](http://www.bristolzerotolerance.com)



### **Domestic Abuse**

**Duration:** 2 hours

**Capacity:** Up to 15 people

**Cost:** £300

**Content:** Initial and introductory training session to raise awareness of domestic abuse and workplace issues, thus offering those who experience gender-based violence, a safer, more supportive and better response in their workplace. The training gives further knowledge of the effects of domestic abuse on victims and how that can impact on their work. It will also give guidance on developing appropriate policies and procedures and implementing them effectively to enable employers to help and support any employees experiencing gender-based violence in a safe and effective way.

This training is aimed at all staff to raise awareness of these important issues, but particularly:

- Line Managers
- Human Resources staff
- Employee Assistance Programmes
- Union representatives
- Anyone who has an interest in being a first point of contact for support in the workplace and may be identified as a Workplace Champion.

**If you are interested in booking any training please contact Charlotte Gage Partnerships Project Officer, Bristol Zero Tolerance**

**[charlotte@bristolwomensvoice.org.uk](mailto:charlotte@bristolwomensvoice.org.uk) 0117 916 6553**

**Our training services are here to support your work and ensure you are meeting the needs of survivors both within your organisation and those accessing your organisation. SARSAS have trained groups such as nurses, mental health workers, GPs, drug and alcohol project workers, housing project workers, and university students. Bristol Zero Tolerance have trained Council employees, housing associations, healthcare students, courts staff, and Managers and HR staff in a variety of organisations.**

**Any money we earn from training goes directly back into providing services for survivors and addressing the prevention of gender-based violence in Bristol. This means you get training to enable you to support survivors better and raise awareness about these issues, and more people are able to access free services and take action against gender-based violence locally.**