

# SHOUT OUT SPEAK OUT

## What is happening to me?

Sexual exploitation is abuse that can happen to any young person. It doesn't matter about age, gender, sexuality, where they live or their upbringing. It happens when someone tricks, persuades or forces a young person into sexual activity by offering something in return; this may be things like money, cigarettes, alcohol, drugs, somewhere to stay or love and attention."

"With the right support, it is possible to move on from sexual exploitation."

"I love that the ones who helped me are still a big part of my life and I'm very optimistic about my future."

Quotes from young males...



## HELP is out there, just ask!

<b>Useful numbers</b>
Immediate danger 999
Enquiries 101
Crimestoppers 0800 555 111
<b>NSPCC CSE Helpline</b>
0800 800 5000
<b>Childline</b>
0800 1111
<b>Barnardo's Safe Choices</b>
0117 934 9726
<b>Bristol Social Care</b>
For Children call First Response
0117 903 6444 (9am to 5pm)
For Adults call Care Direct
0117 922 2700 (9am - 5pm)
Out of Hours Emergency Duty Team call 01454 615165
<b>BLAST Project for Boys</b>
For young men and boys at risk of sexual exploitation
0708 863 662

For more information and sources of help - [www.bristol safeguarding.org](http://www.bristol safeguarding.org)



## shoutout speakout





**TRUST** Why it's important to tell someone you TRUST?

Remember you are **not** to blame and won't get into trouble"

- Friend
- Police Officer
- Youth Worker
- Teacher
- Parent/carer

person. This could be a - instincts and telling a safe this back is by trusting your and control. One way to get taking away your power Sexual exploitation is about

**TALK** It can be hard for males to talk about this for lots of reasons but:

- Whoever you are, whatever your background, there's someone to listen and help. Remember you are not the only one this is happening to
- Nothing about this is your fault
- A young male said:
  - "If you bottle it up it will eat away at you"
  - "If you talk about it, it gets easier"
  - "It's not weak to show emotion"

**WHERE?** It can happen anywhere:

- At parties
- At a friend's house
- On the street
- In your own home
- In hotels
- On-line

You could be offered something in return for sexual activity such as:

- Alcohol
- Drugs
- Somewhere to stay over
- Money
- Someone to hang out with
- A sense of love or belonging

**HOW?** Will I know if it happens to me?

If someone is...

- Telling lies and keeping secrets (and encouraging you to do the same)
- Being overly friendly when they've not known you for long
- Covering for you if you bunk off school
- Giving you drugs or alcohol
- Buying or loaning you stuff
- Being possessive and always contacting you

**Quotes from young males...**

"When someone buys you stuff and listens to your problems and tells you it's not your fault - which is what you think - it's very powerful... it swallowed me up. I bought into it".

"He turned me away from everyone".

"They said everything I wanted to hear".

**WHO?** can this happen to?

Sexual exploitation can happen to ANY boy or young man. It doesn't matter about their:

- Age
- Sexuality
- Religion
- Background

The person exploiting you could be older or the same age, male or female.

**Help is out there, Report CSE. it is NEVER too late to get help and support**

We would like to thank Barnardo's Northern Ireland and the Safeguarding Board for Northern Ireland for their support in sharing this leaflet with Bristol

**SHOUT OUT SPEAK OUT**

**'it happens to boys & young men'**

**BRISTOL SAFEGUARDING ADULTS BOARD**

**BSCB**  
Bristol Safeguarding Children Board  
making safeguarding everybody's business