

Think
BIG
Dream
BIG

YOUNG PEOPLE'S HEALTH MANIFESTO

HYPE
Helping Young People
(children and families) Engage

BRISTOL AND SOUTH GLOS

WE WANT HEALTH WORKERS WHO REALLY LISTEN

WE WANT TO RECEIVE INDIVIDUAL CARE... ONE SIZE DOES NOT FIT ALL

**WE WANT TO BE ABLE TO ACCESS SUPPORT WITH MENTAL HEALTH
AND OTHER HEALTH WORRIES AT SCHOOL, COLLEGE AND UNIVERSITY**

WE WANT TO BE ABLE TO GET HELP IN A CRISIS, AT ANY TIME

**WE WANT HEALTH SERVICES WITH A DIVERSE WORKFORCE
THAT FULLY MEETS THE NEEDS OF BLACK AND BROWN
YOUNG PEOPLE AND LGBTQ+ YOUNG PEOPLE**

WE DO NOT WANT TO BE LEFT ON WAITING LISTS

**WE WANT TO BE INVOLVED IN DEVELOPING ONLINE SUPPORT AND IN
CREATING DIGITAL AND SOCIAL MEDIA**

**WE DO NOT WANT TO BE STIGMATISED OR BULLIED BECAUSE
OF OUR HEALTH OR SUPPORT NEEDS**

**WE WANT TO KNOW THAT SERVICES ARE CONFIDENTIAL.
WE WANT EVERYONE TO KNOW THEIR RIGHTS AND ENTITLEMENTS**